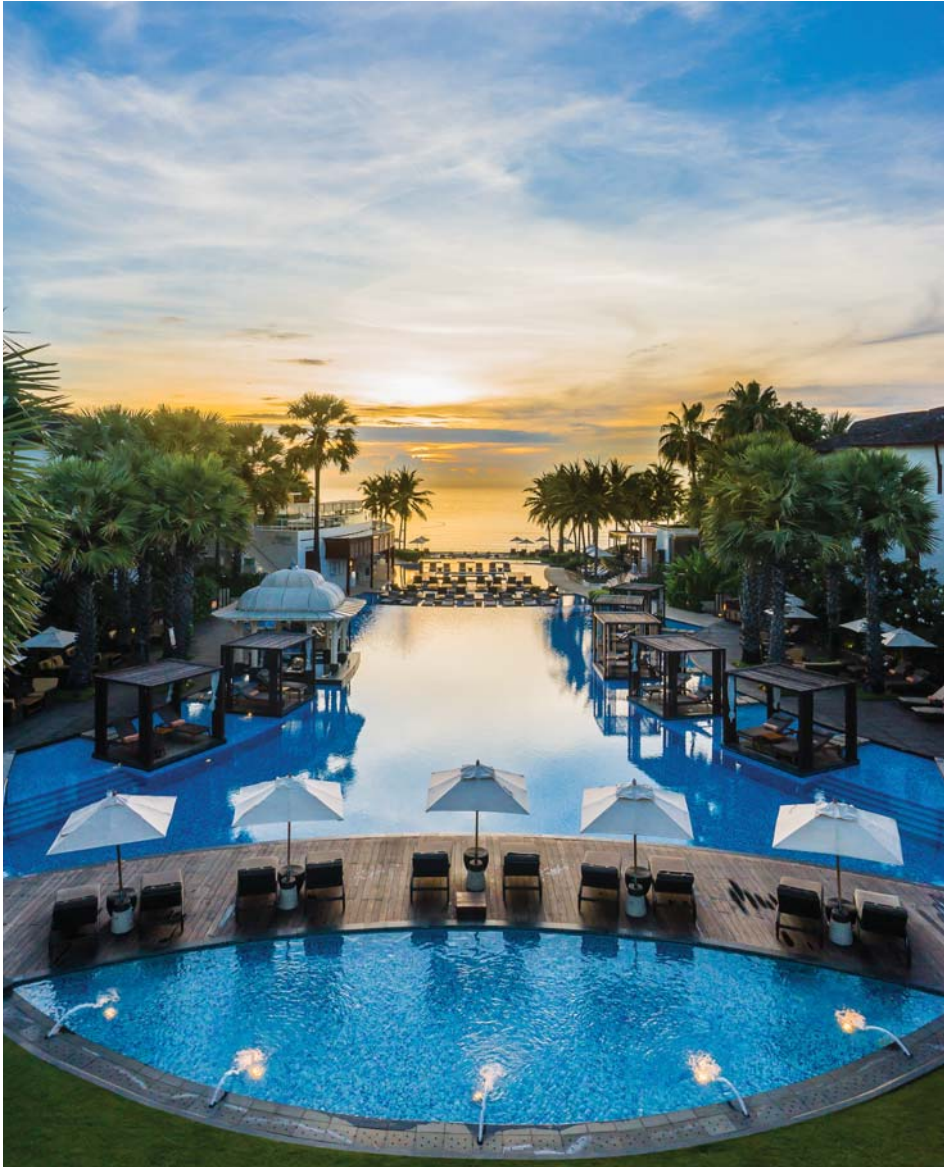
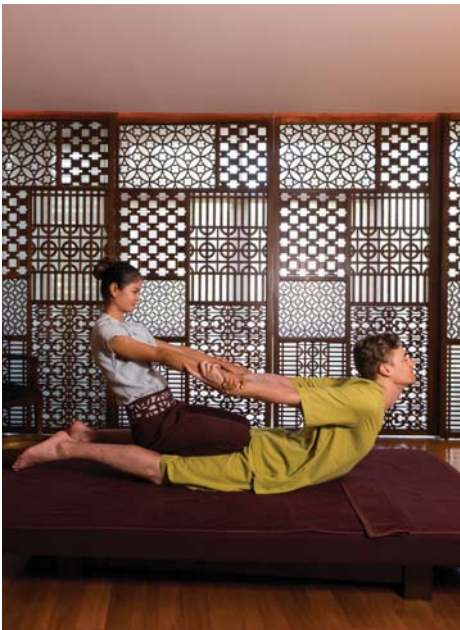




INTERCONTINENTAL®
HUA HIN RESORT



SPA MENU



Discover a haven of relaxation and rejuvenation within a delightful seaside setting at SPA InterContinental®, InterContinental® Hua Hin Resort.

The serene environment of InterContinental® Hua Hin Resort is an ideal place for wellness therapy, whether you would like to detox, relax, energize, or simply recharge. A truly rejuvenating stay with us is made complete by taking a little time to enjoy a healing spa therapy.

Our SPA InterContinental® is set in a secluded and tranquil space of the resort for the ultimate pampering session. A sanctuary of calm, the spa is a haven for total relaxation, with a range of facial, massage and body treatment.

Early risers are welcomed to join our outdoor morning yoga sessions located on the hotel lawn which is a fantastic setting.

Whatever your wellness needs, we will go out of our way to ensure your stay leaves you feeling totally refreshed and relaxed to face the world again with success.

Our skilled therapists await to soothe mind, body and soul. Choose from signature massage therapies, spa ritual, body treatments and more. Premium spa products further enhance every treatment and therapy.

Our top priority has always been to bring an unparalleled safe experience of healing and rejuvenation to our guests, and our resolve is stronger now than ever before. We have considering every step of treatment processes to ensure we meet your needs in a focused and safe manner that is in accordance with government guidelines.

SPA MENU

SIGNATURE TREATMENTS

Ocean Touch | 90 minutes 3,900 THB

Designed to enhance well-being and promote Mind and body balance, our Ocean Touch signature treatment has been inspired by the resort's seaside setting and combines the warmth of tiger cowrie seashells with relaxing aromatic-oil massage techniques.

Thai Treat | 90 minutes 3,500 THB

A blend of Thai and aromatherapy massage techniques to stimulate blood circulation and relieve aches and pains. Medium- to deep-pressure oil massage is followed by steam-heated Thai herbal ball compress.

24K Golden Facial | 90 minutes 4,500 THB

A truly precious spa experience comprising four components: cleansing, exfoliation, massage and gold mask. Gold is well known for its ability to remove toxins and help repair oxidation damage for glowing skin. Treatment further assists in lymphatic drainage while improving blood circulation and increasing skin elasticity.

MASSAGE THERAPIES

Traditional Thai | 60 or 90 minutes 1,600 THB or 2,400 THB

Traditional massage therapy without oil. Features carefully focused acupressure and stretching techniques that boost flexibility, energy and circulation.

Energising Deep Tissue | 60 or 90 minutes 2,000 THB or 2,800 THB

Thai aromatic oil applied with firm pressure directs profoundly soothing effects deep into muscle layers. Ideal for easing strain and reducing tension.

Relaxing Aroma Therapy Massage | 60 or 90 minutes 2,000 THB or 2,800 THB

Features flowing massage movements in addition to Swedish techniques applied at light to medium pressure. Reduces tension, soothes sore muscles and increases circulation.

Asian Wellness | 90 minutes 3,200 THB

Combines elements of three Asian massage therapy traditions – Thai, Balinese and Japanese Shiatsu – with soothing warm oils to ease away stress and ensure total relaxation.

SPA MENU

BODY SCRUBS AND WRAPS

Apple Green Tea Body Scrub 60 minutes	1,800 THB
For normal to oily skin. Detoxifying and reviving.	
Jasmine Rice Body Scrub 60 minutes	1,800 THB
Ideal for sensitive skin. A hydrating, nourishing and balancing scrub.	
Thai Herbal Body Scrub 60 minutes	1,800 THB
For all skin types. Provides brightening and smoothing effects.	
After Sun Aloe Vera Wrap 60 minutes	2,200 THB
Especially effective for cooling overheated, sensitive or sunburnt skin.	
Marine Clay Body Wrap 60 minutes	2,200 THB
Mineral-boosting, moisturising and brightening wrap.	
Anti-Cellulite & Firming Body Wrap 60 minutes	2,200 THB
Helps eliminate excess fluid while tightening skin.	

FACIAL TREATMENTS *(Not available at this time)*

Skin Refining Facial 60 minutes	2,800 THB
Refine and refresh with this balancing facial featuring essential oil of neroli and orange flower water. Excellent for calming irritated or inflamed skin and especially effective on oily to combination skin. Begin with gentle cleansing followed by exfoliation before application of deep-cleansing mask to re-mineralise skin for a luminous complexion.	
Renew Rose Facial 60 minutes	2,800 THB
This luxurious facial harnesses the regenerative properties of rose to nourish, soften and hydrate all skin types. Especially effective on dry, delicate and finely textured complexions. Helps boost circulation and promote cell renewal while leaving your face radiant and delicately scented.	
Anti-Ageing Facial 90 minutes	3,800 THB
Repairs skin and reduces signs of ageing without use of harsh chemicals. Natural oils of inca inchi and larch extract stimulate collagen formation for firming and tightening, while anti-inflammatory properties of pomegranate and rosehip seed oil help slow factors contributing to skin ageing.	

SPA MENU

SPA RITUALS

Spa Rituals at Spa InterContinental feature two or more treatments for a total wellness experience.

Vital Energy | 120 Minutes 3,000 THB

Specially designed to revive the body after sport, long travels and other physically demanding activities. Begins with 30-minute Mineral Salt Bath followed by 90-minute Thai Massage with Herbal Balm. Deep-tissue massage technique and passive stretching further ensure restored energy and revitalisation.

Time Signature | 150 Minutes 4,500 THB

Like a time signature in music this two and one-half hour treatment helps establish the right rhythm for mind and body. 90-minute Signature Asian Wellness Massage is followed by delightful Renew Rose Facial, leave the feeling soft, rejuvenated and refreshed.

Duo Retreat | 180 Minutes 5,200 THB/SINGLE 9,800 THB/COUPLE

Enjoy spa relaxation with a loved one or friend – it's a great way to restore and reconnect. Begin with 90-minute Jasmine Smoothing Scrub and Apple Green Tea Detoxifying Wrap followed by 60-minute massage of your choice. Concludes with refreshing Mini Facial.

Hua Hin Harmony | 210 Minutes 6,500 THB

Leave everyday stresses and strains behind with this well-coordinated ritual. Begins with luxurious 30-minute bath followed by your own customised treatment selection from our spa menu. Afternoon Tea at Leela Bar provides harmonious finale to an extraordinarily pampering and relaxing experience.

HOW TO SPA INTERCONTINENTAL

Booking your spa service

SPA InterContinental opens for reservation daily between 10.00 a.m. – 9.00 a.m. Please make reservation by dialling 032-616-999 or send us an e-mail to spa@ichuahin.com. For hotel guest, simply call our spa extension 6341 or visit us in person.

Spa room service

Operate daily between 10.00 a.m. – 06.00 p.m. Extra fee is 500++THB per hour.

Service condition

Your health is our priority, please let our team know about any existing health conditions when booking your appointment, including high blood pressure, heart conditions, allergies, any recent surgeries or pregnancy. The children under 18 may not allow using the spa.

Guest arrival

Please check in at the SPA reception 15 minutes prior to your appointment time to avoid reduced treatment time. If you are late, please note that your treatment time will be limited accordingly as courtesy to the next guest.

What to wear

We will provide disposable underwear, bathrobe and slippers for your convenience.

Cancellation policy

On cancellation made less than 4 hours prior to your appointment or no show, a 50% cancellation fee of your spa treatment price will be applied to your account.

Payment

We accept cash and major credit cards. The same can be added to guest room account. All prices are subject to 10% service charge and applicable 7% VAT.

For the safety of our guests and colleagues, if you are experiencing any symptoms of Covid-19, including dry cough, fever or shortness of breath within the last 14 days, please contact our Spa Reception prior your arrival so we can obtain further information.

SPA

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